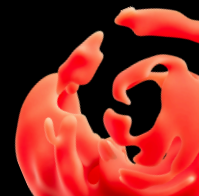# GOER Standards for E-Athlete & E-Sports Learning

Accreditation for e-athlete programmes and e-sports learners

The following standards outline the key competencies and areas of development for e-athletes and e-sports learners, ensuring a comprehensive and accredited educational experience.

1. Digital Literacy

Digital literacy is crucial for navigating the online world and creating content effectively.

1.1 **Streaming:** Understanding streaming software, hardware requirements, and best practices for engaging with audiences.

1.2 **Video Editing:** Proficiency in video editing software for creating highlight reels, tutorials, and other content.

1.3 **Digital Safety:** Awareness of online safety protocols, including data privacy, cyberbullying prevention, and secure account management.

1.4 **Platform Navigation:** Ability to navigate various e-sports platforms, communities, and resources efficiently.

2. Career Pathways in Esports

Understanding the diverse career opportunities within the e-sports ecosystem is vital for career preparation.

2.1 **Career Exposure:** Exposure to different roles within the e-sports industry, such as professional player, coach, analyst, event organizer, and content creator.

2.2 **Entrepreneurship:** Exploring entrepreneurial opportunities within e-sports, including team management, content creation, and event promotion.

2.3 **Industry Engagement:** Active participation in e-sports communities, attending events, and networking with industry professionals.

2.4 **Digital Portfolios:** Building a professional online presence showcasing skills, achievements, and experiences relevant to e-sports careers.

3. Time Management & Self-Regulation

Effective time management and self-regulation skills are crucial for balancing training, studies, and personal life.

3.1 **Scheduling:** Developing effective scheduling strategies for managing training sessions, academic commitments, and personal responsibilities.

3.2 **Digital Wellbeing:** Practicing healthy digital habits to prevent addiction, reduce eye strain, and maintain a balanced lifestyle.

3.3 **Reflection:** Regularly reflecting on performance, identifying areas for improvement, and setting realistic goals.

3.4 **Study Skills:** Developing effective study habits, note-taking techniques, and time management strategies for academic success.

4. Ethics, Equity, Diversity & Ethos in Online Conduct

Promoting ethical behavior, inclusivity, and respect within online interactions is essential for fostering a positive e-sports environment.

4.1 **Anti-Toxicity:** Promoting respectful communication, discouraging harassment, and addressing toxic behavior within online communities.

4.2 **Inclusivity:** Creating a welcoming and inclusive environment for individuals of all backgrounds, genders, and abilities.

4.3 **Digital Citizenship:** Understanding the rights and responsibilities of online citizens, including respecting intellectual property and promoting responsible online behavior.

4.4 **Communication Standards:** Adhering to professional communication standards when interacting with teammates, opponents, and the wider e-sports community.

5. Industry Awareness

Understanding the business aspects of the e-sports industry is important for long-term career success.

5.1 **Revenue:** Understanding the various revenue streams within e-sports, including sponsorships, advertising, merchandise, and broadcasting rights.

5.2 **Contracts:** Familiarity with contract negotiation, player agreements, and legal considerations within e-sports.

5.3 **Governance:** Awareness of the governing bodies, regulations, and ethical guidelines within the e-sports industry.

5.4 **Marketing:** Understanding the principles of e-sports marketing, branding, and audience engagement.

6. Game-Specific Technical Development

Developing advanced technical skills and game-specific knowledge is essential for competitive success.

6.1 **Coaching:** Seeking guidance from experienced coaches to improve technical skills, strategic thinking, and gameplay mechanics.
6.2 **Analytics:** Utilizing game analytics tools to track performance, identify weaknesses, and optimize strategies.
6.3 **Patch Awareness:** Staying up-to-date with game updates, balance changes, and meta-game developments.
6.4 **Transferable Skills:** Recognizing and developing transferable skills applicable across different games and genres.

7. Tactical & Strategic Thinking

Developing tactical and strategic thinking skills is critical for making informed decisions during gameplay.

7.1 **Teamwork:** Practicing effective communication, coordination, and collaboration within a team environment.
7.2 **Roles:** Understanding different roles within a team and adapting strategies accordingly.
7.3 **Decision-Making:** Making informed decisions under pressure, considering risks and rewards, and adapting to changing circumstances.
7.4 **Leadership:** Developing leadership skills to motivate teammates, coordinate strategies, and resolve conflicts.

8. Performance & Wellbeing

Prioritizing performance and overall wellbeing is crucial for maintaining long-term success and preventing burnout.

8.1 **Stress Management:** Implementing stress management techniques, such as mindfulness, meditation, and relaxation exercises.
8.2 **Burnout:** Recognizing the symptoms of burnout and taking proactive steps to prevent overtraining and exhaustion.
8.3 **Coaching:** Seeking guidance from performance coaches to improve mental resilience, focus, and motivation.
8.4 **Peer Support:** Building a supportive network of peers to share experiences, offer encouragement, and provide emotional support.

9. Physical Fitness and Posture

Maintaining physical fitness and proper posture is essential for preventing injuries and improving overall health.

9.1 **Ergonomics:** Optimizing workstation setup to promote good posture and reduce strain on the body.

9.2 **Eye-Care:** Practicing eye-care techniques, such as taking breaks, adjusting screen brightness, and using blue light filters.

9.3 **Activity:** Incorporating regular physical activity into daily routines to improve cardiovascular health, strength, and endurance.

9.4 **Health Habits:** Adopting healthy eating habits, getting adequate sleep, and avoiding harmful substances.

10. Psychology & Resilience Training

Developing psychological resilience and mental fortitude is crucial for overcoming challenges and achieving long-term success.

10.1 **Goal Setting:** Setting realistic and achievable goals, breaking down larger goals into smaller steps, and tracking progress regularly.

10.2 **Mindfulness:** Practicing mindfulness techniques to improve focus, reduce anxiety, and enhance mental clarity.

10.3 **Handling Outcomes:** Developing strategies for coping with both positive and negative outcomes, learning from mistakes, and maintaining a positive attitude.

10.4 **Team Trust:** Building trust and rapport within a team environment through open communication, mutual respect, and shared goals.

Summary

These GOER standards provide a framework for comprehensive e-athlete and e-sports learning programs. By adhering to these standards, programs can ensure that learners develop the skills, knowledge, and attributes necessary for success in the rapidly evolving e-sports landscape.